



Literature Order Form

SANE's range of literature provides a concise, simply written and unique set of documents both for the general public and health professionals. People affected by mental illness, carers, students and health professionals have found these to be of interest as well as a worthwhile tool for understanding mental health issues.

Due to limited resources, multiple copies of each information sheet cannot be sent out. However, please feel free to make as many photocopies as you require, or download copies for free from www.sane.org.uk.

All sheets can be downloaded from our website		<p>SANE is a national mental health charity which aims to raise awareness of mental illness, campaign to improve services and initiate and fund research into the causes of serious mental illness through its research centre. Information and emotional support is also provided to anyone affected by mental illness via the helpline, SANEline and by email, via SANEmail.</p> <p>SANEline 0845 767 8000</p> <p>SANEmail sanemail@sane.org.uk</p>								
<ul style="list-style-type: none"> ∨ Anxiety <input type="checkbox"/> ∨ Carers <input type="checkbox"/> ∨ Depression <input type="checkbox"/> ∨ Manic Depression (Bipolar Disorder) <input type="checkbox"/> ∨ Medical Methods of Treatment <input type="checkbox"/> ∨ Obsessions <input type="checkbox"/> ∨ Personality Disorders <input type="checkbox"/> ∨ Phobias <input type="checkbox"/> ∨ Schizophrenia* <input type="checkbox"/> ∨ Self-harm <input type="checkbox"/> ∨ Talking Treatments <input type="checkbox"/> 										
<p>* Also available</p> <ul style="list-style-type: none"> ➢ Getting Well, Staying Well - a handbook for understanding relapse for people with schizophrenia and bipolar disorder, and their carers <input type="checkbox"/> ➢ Getting Well, Staying Well - a companion to understanding relapse for professionals involved in the care of people with schizophrenia and bipolar disorder <input type="checkbox"/> 										
		<table border="1"> <thead> <tr> <th>SANEline Awareness material:</th> <th>Quantity:</th> </tr> </thead> <tbody> <tr> <td>∨ Leaflet (DL size)</td> <td>.....</td> </tr> <tr> <td>∨ A4 poster</td> <td>.....</td> </tr> <tr> <td>∨ Phone card (credit card size)</td> <td>.....</td> </tr> </tbody> </table>	SANEline Awareness material:	Quantity:	∨ Leaflet (DL size)	∨ A4 poster	∨ Phone card (credit card size)
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Your details:

Name/organisation: _____

Address: _____

_____ Postcode: _____

Email: _____

For more information contact Sara Zmertych on 020 7375 1002 or email szmertych@sane.org.uk

Please return this form to: SANE Publications, 1st Floor Cityside House, 40 Adler Street, London E1 1EE

Meeting the challenge of mental illness

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